



# PSHCE

## POLICY

Approved: October 2017  
Review Date: October 2018



*“What you are is God’s gift  
to you, what you become  
is your gift to God”*

## OVERVIEW

This document represents the school's programme of Personal, Social and Health Education. Policies which relate to Sex and Relationships Education and Drugs Education are linked to this policy. It was prepared by the headteacher and staff and approved by the governing body. The programme is presented within a Christian framework, is appropriate to the pupils' age and experience is consistent with the School's Mission Statement. All teachers take responsibility within their own age group for the delivery of the programme.

## OBJECTIVES

1. To know and understand a healthy lifestyle;
2. To be aware of safety issues;
3. To understand what makes for good relationships with others;
4. To have respect for others;
5. To be independent and responsible members of a community, such as school;
6. To be positive and active members of democratic society;
7. To develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
8. To develop good relationships with other members of the community.

## STRATEGIES

1. We use a range of teaching and learning styles to meet the PSHE and citizenship requirements of the National Curriculum.
2. We emphasise active learning by including the children in discussions, investigations and problem-solving activities.
3. We encourage the children to take part in a range of tasks that promote active citizenship, for example charity fundraising, the planning of special school events (such as an assembly or sponsored event), or involvement in helping other individuals or groups less fortunate than themselves.
4. We organise classes in such a way that pupils are able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts.
5. We offer children the opportunity to hear visiting speakers, such as health workers, police and local clergy, whom we invite into the school to talk about their role in creating a positive and supportive local community.

## OUTCOMES

Through our work and partnerships, pupils will gain a good understanding of how to lead a healthy, safe and respectable life. We will equip young people with the knowledge, skills and understanding to make a positive contribution to our local and national community. We will develop responsible young citizens who support community cohesion. This policy will make a key contribution to the school's positive ethos.

The Headteacher and Governing Body will assess the impact of this policy and monitor its operation. It should be viewed in conjunction with the school's other policies especially the:

- Fundamental British Values Policy
- eSafety and Acceptable Use Policy
- Citizenship Policy
- Policy for Preventing Radicalisation and Extremism
- Sex and Relationships Education Policy