



# LUNCH MENU

Week 1 Autumn/Winter 2017/18

|  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |   |
|--|--|--|---|---|---|---|
| Hot Heroes Choice 1                            | <p>Bonfire Lunch</p> <p>Pork or Quorn Sausage in a Finger Roll with Tomato Sauce or Pinwheel Pizza.</p> <p>Homemade Baked Potato Wedges &amp; Baked Beans</p> <p>Jacket Potato with a choice of filling. Unlimited Salad Bread Basket</p> <p>Lemon Muffin<br/>Fresh Fruit Bar<br/>Fruit Yogurt Cool Milk</p> | <p>Roast Turkey with Sage &amp; Onion Stuffing &amp; Gravy<br/>Creamed Potatoes<br/>Carrot &amp; Swede<br/>Garden Peas</p> | <p>Chicken Tikka Masala<br/>Vegetable Rice</p>                                  | <p>Roast Pork Loin with Sage &amp; Onion Stuffing &amp; Gravy<br/>Roast Potatoes<br/>Carrots &amp; Broccoli</p> | <p>Omega 3 Fish Fingers<br/>Chunky Chips or New Potatoes<br/>Sweetcorn</p>      |   |
| Hot Heroes Choice 2                            |  | <p>Roast Turkey with Sage &amp; Onion Stuffing &amp; Gravy<br/>Creamed Potatoes<br/>Carrot &amp; Swede<br/>Garden Peas</p> | <p>Hot Filled Panini<br/>Jewelled Cous Cous<br/>Salad Bar</p>                   | <p>Butter Pie with Cheese<br/>Beetroot<br/>Broccoli</p>   | <p>Lancashire Beef Burger<br/>in a Bun with Tomato Ketchup<br/>Chunky Chips</p> |   |
| Spuds n' Stuff<br>(Available for Juniors only) |  | <p>Jacket Potato with a choice of filling.<br/>Unlimited Salad<br/>Bread Basket</p>  | <p>Jacket Potato with a choice of filling</p>                                   | <p>Jacket Potato with a choice of filling</p>   | <p>Jacket Potato with a choice of filling</p>                                   | <p>Jacket Potato with a choice of filling</p> |
| Salad and Bread Bar                            |  | <p>Unlimited Salad<br/>Bread Basket</p>  | <p>Unlimited Salad<br/>Bread Basket</p>   | <p>Unlimited Salad<br/>Bread Basket</p>   | <p>Unlimited Salad<br/>Bread Basket</p>   | <p>Unlimited Salad<br/>Bread Basket</p>       |
| Just Desserts                                  |  | <p>Lemon Drizzle Cake<br/>Fresh Fruit Bar<br/>Fruit Yogurt<br/>Cool Milk</p>   | <p>Cheese &amp; Biscuits<br/>Fresh Fruit Bar<br/>Fruit Yogurt<br/>Cool Milk</p> | <p>Chocolate &amp; Orange<br/>Cookie<br/>Fresh Fruit Bar<br/>Fruit Yogurt<br/>Cool Milk</p>                     | <p>Coco Krispie Cake<br/>Fresh Fruit Bar<br/>Fruit Yogurt<br/>Cool Milk</p>     |   |

