

Hesketh-with-Becconsall's

NEWS OF THE WEEK

What you are is God's gift to you, what you become is your gift to God.



We have enjoyed a lovely first week back at school, seeing familiar faces and welcoming new ones into the Reception Class and Little Saints Nursery; all the children have been delightful! Our new staff members have enjoyed joining the team and we are all excited for the academic year ahead!

Reading Rewards

Reading is the key to learning and all children in KS1 & KS2 brought home new

reading books and records today. Who will be the first child to gain a reading reward in the 100 club?



Term Dates for your Diary

1st Half Term: Monday 4th September to Friday 20th October (3.25pm finish)

Half Term Holiday: Monday 23rd to Friday 27th October

2nd Half-Term: Monday 30th October to Thursday

21st December (2pm finish)

Christmas Holiday: Monday 25th December to

Friday 5th January



We hope that parents enjoyed reading the Class Newsletters at the start of the term. To find out a little bit more about the the routines, the curriculum on offer in your child's year group and how you can support your child with their learning we are inviting you to 'meet the teacher' meetings on Wednesday 13th September.

EYFS (Little Saints Nursery & Reception Class): Open Classroom straight after school until 4.15pm, parents are invited to view the classroom and speak with class teachers.

Years 1 to 6: Classrooms will be open from 3.30-5.00pm for you to take a look inside and then class teachers will share a short PowerPoint presentation at 3.45pm and then again at 4.45pm which will hopefully answer any questions you might have.





Dates for your Diary

Wednesday 13th September Meet the Teacher Meetings
Football Club starts after school for children in Years 4, 5 & 6 (20 spaces)
Friday 20th October 3.25pm School closes for the half-term holiday
Monday 30th October School opens for the second half of the Autumn term
WB Monday 6th November Parents' Evenings, more information to follow
Wednesday 13th December 2pm & 6pm Infant (Years 1 & 2) Nativity Performance
Tuesday 19th December 2pm EYFS (Little Saints Nursery & Reception Class) Nativity

Wednesday 20th December School Christmas Lunch & Christmas Party Day Thursday 21st December 2pm School closes for the Christmas holidays



Performance

Next week we are looking for

Stars of the Week

who show our School Value of

RESPONSIBILITY



It's September and we are all back at school, unfortunately it also means we have said hello to some little friends that we would have rather have stayed on holiday!

Please can you check your child's head this weekend.

FOUR STEPS TO LICE-FREE LIFE:



1: INSPECT
If you suspect head
lice, check



2: TREAT
Use lice treatment product as directed.



3: REMOVElice/nits by combing the hair with the comb provided.



4: CLEAN
home and personal
items.



Just in case starting a new role in a new school wasn't a big enough challenge for the start of September... Mr Wright has a personal challenge of his own this weekend as he takes part in the Great North Run for charity. If you are planning on watching, why not look out for him and cheer him on!

Is my child too ill for school?

We understand that children from time to time can become ill and it is a tricky decision whether to send them into school. Please see below a guide to help you decide whether to send your child to school.



Coughs and colds

It's fine to send your child to school with a minor <u>cough</u> or <u>common cold</u>. But if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly. **High temperature**

If your child has a <u>high temperature</u>, (high temperature is 38C or more) keep them off school until it goes away.

Chickenpox

If your child has chickenpox, keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a cold sore.

Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis

You don't necessarily need to keep your child away from school if they have <u>conjunctivitis</u> but you must get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

Ear infection

If your child has an <u>ear infection</u> and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Hand, foot and mouth disease

If your child has symptoms of <u>hand, foot and mouth disease</u> please take them to the GP to be checked. After this, if they seem well enough to go to school, there is no need to keep them off.

Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice. You can treat <u>head lice and nits</u> without seeing a GP.

Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics.

Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

Ringworm

If your child has <u>ringworm</u>, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has <u>scarlet fever,</u> they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome

You don't need to keep your child off school if they have <u>slapped cheek syndrome</u>, because once the rash appears, they're no longer infectious. If you suspect your child has slapped cheek syndrome, take them to see a GP and let their school know if they're diagnosed with it.

Sore throat

You can still send your child to school if they have a <u>sore throat</u>. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of <u>tonsillitis</u>.

Threadworms

You don't need to keep your child off school if they have threadworms.

Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with <u>diarrhoea or vomiting</u> should stay away from school for 2 days after their symptoms have gone. Information taken from NHS Website https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

Our aim as a school is for every child to achieve at least 96% attendance and, whilst we appreciate that sickness is unavoidable, we do have a duty of care to report persistent absences (below 90%) to our Attendance Officer.



You and Your Young **Person Workshop**

Includes a digital wellbeing kit:

Resources, activities and worksheets designed to build resilience by managing our thoughts and emotions through reflective practice, communication quick tips, self care and goal setting, for both you and you child or young person.

We understand how challenging it can feel for a parent or carer of a child or young person who is struggling with their mental health. Managing those emotions, understanding warning signs, communicating your concerns and attending to your child or young persons mental health and wellbeing, alongside your own; can feel overwhelming. Our parent workshop aims to support YOU.

It includes:

- Discussing signs and symptoms of poor mental health.
- Reflective practice and self care.
- · Where to go for help and support.
- A wellbeing tool kit for you and your child or young person to work through together following the workshop.

To book on to a workshop, or to host a closed workshop, contact training@lancashiremind.org.uk









Lancashire Mind 80-82 Devonshire Road PR7 2DR

Phone: 01257 231660

Calls are answered between 10am and 4pm, Monday to Friday. You can leave a message outside of these hours.

Email: admin@lancashiremind.org.uk

Registered charity number: 1081427



Monday 11th September 2023

Christian Fellowship Church

Moss Lane. Hesketh Bank

10am til 12pm

Any contributions of cakes will be gratefully received Contact Rachel Ryding on 07970 099319 for further details



