



# LUNCH MENU

Week 3 – Autumn Winter 2016/17

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Heroes Choice 1	Pork or Quorn Sausages & Onion Gravy Creamed Potatoes & Winter Cabbage	Savoury Mice & Dumplings Herby Diced Potatoes Cauliflower & Green Beans	Lancashire Beef Burger in a Bun with Tomato Ketchup Corn on the Cob & Salad Bar	Roast Pork Loin with Sage & Onion Stuffing & Gravy Creamed Potatoes Fresh Carrots & Broccoli	Birds Eye Omega 3 Fish Fingers Chunky Chips or New Potatoes Sweetcorn
Hot Heroes Choice 2	Quorn Korma Vegetable Rice & Naan Bread	Vegetarian Sausage & Tomato Pasta Freshly Baked Bread	Cheesy Whirl Puff Homemade Baked Potato Wedges & Baked Beans	Quorn Meatball Sub Roll & Tomato Sauce Vegetable Sticks & Side Salad	Homemade Pizza Margherita Chunky Chips or New Potatoes Side Salad
Spuds n' Stuff (Available for Juniors only)	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling
Salad and Bread Bar	Unlimited Salad Bread Basket	Unlimited Salad Bread Basket	Unlimited Salad Bread Basket	Unlimited Salad Bread Basket	Unlimited Salad Bread Basket
Just Desserts	Syrup Sponge & Custard Fresh Fruit Bar Fruit Yogurt Cool Milk	Ginger Cookie & Piece of Fruit Fresh Fruit Bar Fruit Yogurt Cool Milk	Homemade Rice Pudding & Jam Fresh Fruit Bar Fruit Yogurt Cool Milk	Ice Cream Roll & Peaches Fresh Fruit Bar Fruit Yogurt Cool Milk	Shortbread Biscuit Fresh Fruit Bar Fruit Yogurt Cool Milk

